

B A R S N A C K S

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| HOME MADE ONION RINGS (V) | 3 | NACHOS (V, GF) | 5.5 |
| SKIN ON RUSTIC CHIPS (VG) (GF0) | 3.5 | w/ homemade guac & salsa, sour cream, chillies & cheesy nacho sauce | |
| SWEET POTATO FRIES (VG) (GFO) | 4 | BUFFALO OR BBQ WINGS (6) | |
| HOT N' SPICY WINGS (6) | 7 | 6 wings - £5 12 wings - £9 18 wings - £12 | |
| CRUMBED HALLOUMI STICKS (V) | 7 | VEGAN NUGGETS (6) | 6 |
| w/ pomegranate & mint yogurt | | w/ a spicy vegan sriracha mayo dipping sauce | |

ADD YOUR CHOICE OF SAUCE FOR 30p:

BBQ, Blue Cheese, Buffalo, Sriracha, Sweet Chilli, Sweet Chilli Mayo, Lime Mayo, Aioli, Tartare, Sriracha Mayo (VG), Mint Yoghurt, Dijonaise, Vegan Mayo (VG)

WRAPS

SANDWICHES

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| BBQ JACKFRUIT | 5 | HAM & CHEESE w/ Dijonnaise | 5.5 |
| w/ tomato, red onion & cucumber (VG) | | | |
| PIZZA | 5 | CAJUN HALLOUMI (V) w/ tomato & guacamole | 6 |
| Milano pepperoni & salami w/ homemade tomato sauce & mozzarella | | CHICKEN, AVOCADO & BACON w/ aioli | 6.5 |
| CHICKEN CEASAR | 5 | CHICKEN, CRANBERRY & BRIE | 6.5 |
| w/ bacon, lettuce, parmesan w/ Caesar dressing | | | |

ADD A SIDE TO YOUR WRAP OR SANDWICH

RUSITC CHIPS - £2

SWEET POTATO FRIES - £2.5

SMALL SALAD - £1

M A I N S

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| FALAFEL PLATE CHICKPEA, ONION, GARLIC FALAFEL W/ LETTUCE, TOMATO, CUCUMBER, RED ONION, HUMOUS & PITTA BREAD (V) | 9.5 |
| CHICKEN PLATE GRILLED CHICKEN BREAST W/ LETTUCE, TOMATO, CUCUMBER, RED ONION, HUMOUS & PITTA BREAD | 10.5 |
| BANGERS & MASH PORK & APPLE CUMBERLAND SAUSAGES W/ MASHED POTATO, CAMELISED ONIONS & RED WINE GRAVY | 10.5 |
| VEGAN BANGERS & MASH SOY SAUSAGES W/ VEGAN MASHED POTATO, CAMELISED ONIONS & RED WINE GRAVY (VG) | 10.5 |
| CHICKEN PARMY CRUMBED CHICKEN BREAST COVERED IN HOMEMADE TOMATO SAUCE & MELTED MOZZARELLA W/ CHUNKY CHIPS & SALAD GARNISH | 12.5 |
| FISH & CHIPS BEER BATTERED HADDOCK W/ CHUNKY CHIPS, MUSHY PEAS, TARTARE SAUCE & SALAD GARNISH | 13 |

JOIN US FOR...

WINGS WEDNESDAY - 50p WINGS ALL NIGHT

Please be aware that our kitchen is not 100% free of allergen ingredients.

V - suitable for vegetarians, VG - suitable for vegans, GF - no gluten containing ingredients, GF0 - gluten free option available



S R E G R U B

Beef *and* Lamb.....

- CLASSIC BEEF** - Beef pattie, lettuce, tomato, mayo & red onion jam 10
- Add cheddar cheese / streaky bacon / blue cheese - £1
- LAMB** - Lamb pattie w/ cucumber, tomato, lettuce, red onion jam & mint yoghurt 11.5
- KIWI BURGER** - Beef pattie, cheddar cheese, fried egg, beetroot, lettuce, tomato, mayo & red onion jam 12
- THE PILGRIM** - Beef pattie, streaky bacon, cheddar cheese, red onion jam, tomato, gherkins & lettuce topped w/ an onion ring & mayo 12

Chicken.....

- JERK CHICKEN** - Grilled jerk marinated chicken breast, lettuce and tomato, topped w/ homemade tomato & pineapple salsas (GFO) 10.5

Vegetarian *and* Vegan.....

- SPICY BEAN** - A spicy blend of sweetcorn, black & kidney beans & lentils w/ guac, lettuce, tomato & vegan mayo. Served on a vegan burger bun (VG) (GFO) 10
- HALLOUMI BURGER** - Grilled halloumi, aubergine w/ lettuce, tomato, mayo & pesto (V) (GFO) 11
- MOVING MOUNTAINS BURGER** - Vegan pattie, lettuce, tomato, vegan mayo and red onion jam. Served on a vegan burger bun (VG) 12

ALL BURGERS SERVED WITH A SIDE OF RUSTIC FRIES -
 SWAP FOR SWEET POTATO FRIES FOR JUST 50P

NOT DOWN WITH GLUTEN?
 GLUTEN FREE BUNS AVAILABLE FOR JUST 50P

PIES

** ALL SERVED WITH MASH, GRAVY & MUSHY PEAS **

STEAK & ALE PIE

British peppercorn beef steak & gem ale pie 11

VEGAN MUSHROOM PIE

Mushroom, tomato & red wine pie w/ baby onions & thyme w/ vegan mash, vegan gravy & mushy peas (VG) 11

CHICKEN, LEEK & HAM PIE

Free range British chicken & ham pie w/ leek & thyme 11

DESSERTS

Strawberries & cream ice cream topped w/ whipped cream & choc malt balls 4

Salted Caramel ice cream topped w/ whipped cream & salted caramel chips 4

Double chocolate ice cream topped w/ whipped cream & caramel fudge 4

SALADS

JERK CHICKEN SALAD 10.5

Chicken marinated in authentic homemade jerk seasoning w/ lettuce tomato, cucumber, bacon & balsamic glaze (GF)

SUMMER SALAD 9.5

Pomegranate, pineapple, beetroot & orange, served with mixed leaf salad and dressed w/ lemon juice (VG / GF)
 ADD CHICKEN £3 OR HALLOUMI £2

★ HAPPY ★
 HOUR

EVERY NIGHT 7:00 - 9:00PM
 ALL DAY SUNDAY